



Individual Broccoli-Cauliflower-Zucchini-Cheddar Breakfast Pies

Ingredients:

1/2 c. shredded Zucchini
1/2 c. chopped fresh Broccoli
1/2 c. chopped fresh Cauliflower
1 c. Cheddar Cheese
1 c. Evaporated Milk
6 Eggs
3/4 c. Baking Mix
4 Tbsp. Olive Oil
1/2 tsp. Salt
1/2 tsp. Black Pepper
1 tsp. Yellow mustard

Directions:

- In a large bowl, mix together Zucchini, Broccoli, Cauliflower, Cheddar Cheese, and 2 Tbsp. Olive Oil.

- Divide mixture into greased individual casserole dishes.
- Beat together Eggs, Evaporated Milk, Baking Mix, 2 Tbsp. Olive Oil, Salt, Black Pepper, and Mustard until frothy.
- Pour Egg mixture on top ingredients in casserole dishes. Stir together with spoon in order to evenly displace ingredients within dish.
- Bake for 15 –25 minutes at 350°.